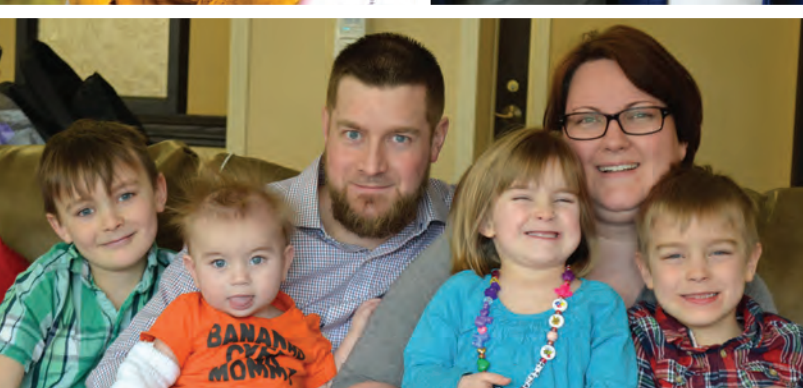




Look inside to see how many families you've helped from your community!

2020 **RMHC**® Community
Impact Report



Ever wonder how many families RMHC has helped from ***your*** communities?

Here's what you'll find in this report:

- 1.** The number of families that have been supported by your Regional RMHC Chapter in 2019, and the communities they come from.
- 2.** List of RMHC programs offered by your Regional RMHC Chapter.
- 3.** Contact information for your Regional RMHC Chapter should you require any further information.



Did you know?



65% of Canadians **live outside of a city** with a children's hospital?



That means families with sick children often **must travel long distances** for their child to receive specialized medical treatment.



Each year, we support **over 25,000 families** across Canada with a place to stay together, close to the hospital where their child is being treated.

In 2019, we proudly supported families from **3,434 communities**.



16

Ronald McDonald Houses

provide out-of-town families with a home to stay at while their child is being treated at a nearby hospital.



17

Ronald McDonald Family Rooms

are located right inside hospitals and provide a comfortable place for families to rest and recharge.



1

Ronald McDonald Care Mobile

is a Mobile health unit that brings medical care to under supported communities in Alberta.

RMHC Quebec



The Gauthier Family | Matane, Quebec | **21 nights**

"The first time we went to the Ronald McDonald House, it was after the birth of Sophia. She was hospitalized in the NICU for several weeks and I had received my leave from the hospital, so I had to leave my hospital room. We didn't want to be far from her; just thinking about it filled us with panic. When the social worker told us about the Ronald McDonald House, it was great comfort to us."

RMHC Quebec operates the following Programs:



Ronald McDonald House Quebec
2747 Laurier Boulevard,
Quebec City, Quebec

In 2019, RMHC Quebec supported **824** families from **265** communities across Canada **thanks to your support!**

To find out more information about RMHC Quebec and the families that we help through your support, please contact us – we are here to help!

Your contact for RMHC Quebec is:
Martine Boulianne, CEO, RMHC Quebec
martine.boulianne@manoirquebec.ca | 418-651-1771

Families Supported by RMHC Quebec

Programs: Ronald McDonald House | Quebec City



Total Families Supported: 824



Communities Supported: 265

Communities Supported:	# of families per community:	Communities Supported:	# of families per community:	Communities Supported:	# of families per community:
Adstock	1	Chambord	1	Harrington Harbour	1
Albanel	5	Champlain	1	Haut Paquetville	1
Alma	23	Chandler	7	Havert-Aubert	1
Alouette	3	Chapais	3	Havre-aux-Maisons	2
Amqui	13	Charette	1	Havre-St-Pierre	2
Aubert-Gallion	10	Chesterville	1	Herouxville	2
Audet	1	Chevery	1	Isle-aux-Coudres	1
Baie-Comeau	34	Chibougamau	11	Jonquière	33
Baie-Saint-Paul	9	Chicoutimi	25	Kamouraska	1
Balmoral	1	Chute-aux-Outardes	4	Kawawachikamach	1
Bassin	16	Clarke City	1	Kingsey Falls	1
Beaulac-Garthby	1	Clermont	3	La Baie	12
Bécancour	3	Colombier	1	La Dore	2
Begin	1	Contre-Coeur	1	La Guadeloupe	1
Betsiamites	6	Disraeli	1	La Malbaie	8
Blanc-sablon	1	Dolbeau-Mistassini	8	La Pocatière	2
Bonaventure	1	Drummondville	2	La Tuque	1
Boulangier	2	East Broughton	1	Labrecque	1
Cabano	3	Étang du Nord	1	Lac des Aigles	1
Cacouna	3	Falardeau	2	Lac Etchemin	1
Canton Tremblay	9	Fatima	2	Lac-au-Saumon	1
Canton-de-Granby	1	Ferland-Et-Boilleau	1	Lac-Etchemin	1
Cap-au-Meules	1	Fermont	5	Lachenaie	1
Cap-aux-Meules	1	Forestville	1	Lamarche	1
Cap-Chat	3	Gallix	1	Lanoraie	1
Caplan	4	Gaspé	21	L'Anse-Saint-Jean	1
Cap-Saint-Ignace	3	Gesgapegiag	1	Larouche	3
Carignan	1	Grande-Rivière	3	L'Ascension-de-Notre-Seigneur	3
Carleton sur Mer	2	Grande-Rivière-Ouest	2	Laterrière	3
Causapsal	1	Grand-Mère	1	Laval	1

Families Supported by RMHC Quebec (continued)

Programs: Ronald McDonald House | Quebec City



Total Families Supported: 824



Communities Supported: 265

Communities Supported:	# of families per community:	Communities Supported:	# of families per community:	Communities Supported:	# of families per community:
Le Bic	2	Pessamit	1	Schefferville	2
Les Eboulements	2	Petite-Rivière-St-François	1	Sept-Îles	39
Les Méchins	1	Plessisville	1	Shawinigan	3
Longue-Rive	1	Pohenegamook	1	Shawinigan-Sud	2
Lourdes-de-Blanc-Sablon	3	Pointe-aux-Outardes	2	Sherbrooke	1
Maliotenam	2	Port-Cartier	10	Shigawake	1
Maria	6	Port-Quartier	1	St-Adelme	1
Matane	12	Price	6	St-Albert	1
Matapedia	1	Princeville	1	St-Aime-des-Lacs	1
Metabetchouan-Lac-à-la-Croix	1	Proulxville	1	St-Alexandre-de-Kamouraska	3
Moisie	1	Ragueneau	1	St-Alexandre-des-Lacs	1
Mont-Carmel	2	Rawdon	1	St-Ambroise	4
Mont-Joli	8	Repentigny	1	St-Anaclet	3
Mont-Louis	1	Rimouski	26	St-André	1
Montmagny	2	Rivière-du-Loup	18	St-Andrien-D'Irlande	1
Mont-Tremblant	1	Roberval	11	St-Antonin	2
Natashquan	1	Sacre-Coeur-Saguenay	1	St-Arsene	1
New Richmond	4	Sacré-Coeur-Saguenay	1	St-Augustin-Saguenay	2
Newport	3	Saguenay	2	St-Benoit-Labre	1
Nicolet	2	Saint-Quentin	1	St-Boniface-de-Shawinigan	3
Normandin	2	Saint-Bernard-sur-Mer	1	St-Bruno-Lac-Saint-Jean	2
Notre-Dame-de-Lourdes	2	Saint-Cyprien	1	St-Cantin	1
Notre-Dame-des-Monts	3	Sainte-Flavie	2	St-Charles-de-Bourget	2
Notre-Dame-des-Pins	1	Sainte-Praxède	1	St-Come-Linière	1
Notre-Dame-du-Nord	1	Saint-Georges	2	St-Cyprien	1
Obedjiwan	2	Saint-Georges	7	St-Donat	1
Pabos	5	Saint-Jean-de-la-Lande	1	Ste-Anne-de-la-Perade	1
Pabos Mills	2	Saint-Noël	2	Ste-Anne-des-Monts	5
Paspébiac	1	Saint-Prime	2	Ste-Apolline-de-Patton	1
Perce	1	Saint-Quentin	1	St-Edmond-les-Plaines	1

Families Supported by RMHC Quebec (continued)

Programs: Ronald McDonald House | Quebec City



Total Families Supported: 824



Communities Supported: 265

Communities Supported:	# of families per community:	Communities Supported:	# of families per community:	Communities Supported:	# of families per community:
Ste-Felicite-de-l'Islet	2	St-Honore-de-Chicoutimi	7	St-Valerien-de-Rimouski	1
Ste-Hedwidge-de-Roberval	1	St-Honore-de-Shenley	2	St-Zacharie	1
Ste-Helene-de-Breakeyville-		St-Hubert-Riviere-du-Loup	2	Témiscouata sur le Lac	1
Deschaillons-sur-Saint-Laurent	1	St-Jean-de-Dieu	2	Thetford Mines	12
Ste-Hélène-de-Kamouraska	1	St-Jean-Port-Joli	1	Trecesson	1
Ste-Irene-de-Matapedia	1	St-Jean-sur-Richelieu	1	Trois-Pistoles	3
Ste-Louise	1	St-Jean-sur-RichelieuFreighsburg	1	Trois-Rivières	24
Ste-Luce	3	St-Joseph-de-Kamouraska	1	Uashat	3
Ste-Martine	1	St-Julie	1	Val-Brillant	1
Ste-Perpetue-de-l'Islet	4	St-Leon-le-Grand	3	Victoriaville	9
Ste-Quentin	1	St-Louis-du-Ha-Ha	2	Warwick	1
Ste-Rose-de-Watford	1	St-Martin	3		
Ste-Thècle	1	St-Maxime-Mont-Louis	1	Out of Province	
Ste-Thérèse de Gaspé	1	St-Modeste	2	New Brunswick	27
St-Etienne-des-Gres	1	St-Narcisse	1	Nunavut	1
St-Eugene-d'Argentenay	1	St-Narcisse-de-Rimouski	1		
St-Fabien	2	St-Nazaire-du-Lac-St-Jean	3		
St-Félicien	4	St-Noël	2		
St-Gabriel-de-Kamouraska	1	St-Omer	2		
St-Gabriel-de-Rimouski	2	St-Pacôme	2		
St-Gédéon	1	St-Pamphile	1		
St-Gédéon-de-Beauce	1	St-Pascal	1		
St-Georges	4	St-Pierre de Broughton	1		
St-Georges de Beauce	1	St-Prosper-de-Dorchester	2		
St-Georges-de-Malbaie	1	St-René	1		
St-Gerard-des-Laurentides	2	St-Roch-des-Aulnaies	2		
St-Germain-de-Grantham	1	St-Siméon-de-Bonaventure	2		
St-Gervais	1	St-Simon-de-Rimouski	1		
St-Godefroi	1	St-Tite	1		
St-Hilarion	2	St-Urbain-de-Charlevoix	1		

THANK YOU

for helping families coast-to-coast!



RMHC Houses & Family Rooms Across Canada

● Ronald McDonald House ● Ronald McDonald Family Room

BRITISH COLUMBIA

Surrey ●

Surrey Memorial Hospital

Vancouver ●

BC Children's Hospital



MANITOBA

Winnipeg ● ●

HSC Children's Hospital,
Health Sciences Centre
St. Boniface Hospital



QUEBEC

Montreal ●

CHU Sainte-Justine
Montreal Children's Hospital
Shriners Hospital for Children

Quebec City ●

Centre hospitalier universitaire
de Québec (CHUQ)



ALBERTA

Calgary ●

Alberta Children's
Hospital
Foothills Medical Centre

Edmonton ●

Stollery Children's Hospital
Royal Alexandra Hospital
The Grey Nun's Community
Hospital
The Glenrose Rehabilitation
Centre

Medicine Hat ●

Medicine Hat Regional Hospital

Red Deer ●

Red Deer Regional Hospital



ONTARIO

Hamilton ● ●

McMaster Children's
Hospital

London ● ●

Children's Hospital London
Health Sciences Centre

Markham ●

Markham Stouffville Hospital

Mississauga ●

Trillium Health Partners

Ottawa ● ●

Children's Hospital of
Eastern Ontario

Scarborough ●

Rouge Valley Centenary,
Scarborough Health System

Sudbury ●

Health Sciences North

Toronto ● ●

SickKids,
Mt. Sinai Hospital

Windsor ●

Windsor Regional Hospital



NEW BRUNSWICK

Moncton ●

The Moncton Hospital



NOVA SCOTIA

Halifax ● ●

IWK Health Centre



SASKATCHEWAN

Prince Albert ●

Victoria Hospital

Saskatoon ●

Jim Pattison Children's
Hospital (JPCH)



NEWFOUNDLAND AND LABRADOR

St. John's ●

Janeway Children's Health
and Rehabilitation Centre



Learn more at rmhc.ca



Ronald McDonald
House Charities®
CANADA

Keeping Families Close™