



Look inside to see
how many families
you've helped from
your community!

2020 **RMHC**® Community
Impact Report



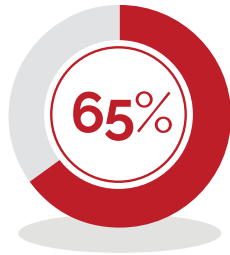
Ever wonder how many families RMHC has helped from ***your*** communities?

Here's what you'll find in this report:

- 1.** The number of families that have been supported by your Regional RMHC Chapter in 2019, and the communities they come from.
- 2.** List of RMHC programs offered by your Regional RMHC Chapter.
- 3.** Contact information for your Regional RMHC Chapter should you require any further information.



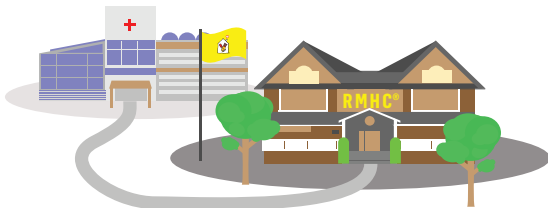
Did you know?



65% of Canadians **live outside of a city** with a children's hospital?



That means families with sick children often **must travel long distances** for their child to receive specialized medical treatment.



Each year, we support **over 25,000 families** across Canada with a place to stay together, close to the hospital where their child is being treated.

In 2019, we proudly supported families from **3,434 communities**.



16

Ronald McDonald Houses

provide out-of-town families with a home to stay at while their child is being treated at a nearby hospital.



17

Ronald McDonald Family Rooms

are located right inside hospitals and provide a comfortable place for families to rest and recharge.



1

Ronald McDonald Care Mobile

is a Mobile health unit that brings medical care to under supported communities in Alberta.

RMHC Ottawa



The Forsyth Family | Lanark, Ontario | 222 nights

"When we heard and knew that RMHC was available to us, a large load of stress was lifted. We felt relief in knowing that there was a place to stay and a place that could allow us to make our new normal as a family unit. There are no words that can fully describe, what RMHC provides for us and for families...It is a safe haven that provides much more than a place to put your belongings. It is a place where there is someone to talk to who understands how much your life has been transformed, where you can gather your family and hold onto traditions previously taken for granted such as a supper and picnic by the BBQ, where each and every space holds you and assists you with your daily struggles. It is a place where good memories are made in the midst of dark days and that will be cherished forever. "

RMHC Ottawa operates the following Programs:



Ronald McDonald House Ottawa
407 Smyth Road
Ottawa ON



2 Ronald McDonald Family Rooms
Children's Hospital of Eastern Ottawa

In 2019, RMHC Ottawa supported **1,894** families from **218** communities across Canada **thanks to your support!**

To find out more information about RMHC Ottawa and the families that we help through your support, please contact us – we are here to help!

Your contact for RMHC Ottawa is:
Christine Hardy, CEO, RMHC Ottawa
christine@rmhottawa.com | 613-737-5523

Families Supported by RMHC Ottawa

Programs: Ronald McDonald House | Ottawa
Ronald McDonald Family Rooms | Ottawa (2 Rooms)



Total Families Supported: 1,894*



Communities Supported: 218

Communities Supported:	# of families per community:	Communities Supported:	# of families per community:	Communities Supported:	# of families per community:
Akwesane	6	Charlton	1	Greenfield	1
Alexandria	5	Chelmsford	2	Grenville	1
Almonte	7	Chesterville	2	Hanmer	1
Amherstview	1	Clarence Creek	2	Harrowsmith	2
Arnprior	12	Clayton	2	Harty	1
Ashton	3	Cobalt	1	Hawkesbury	3
Astorville	1	Cobden	4	Hearst	2
Athens	3	Cobourg	1	Ingleside	1
Attawapiskat	1	Cochrane	6	Inkerman	1
Ayr	1	Consecon	1	Iroquios Fall	5
Bainsville	3	Constance Bay	1	Jasper	1
Bancroft	2	Coppercliffe	1	Johnstown	2
Barrhaven	2	Corbeil	2	Kanata	19
Barrys Bay	4	Cornwall	33	Kapuskasing	6
Beachburg	2	Crysler	1	Kars	3
Beckwith	1	Cumberland	3	Kashechewan	2
Belleville	7	Deep River	5	Kemptville	6
Bishop's Falls	1	Delta	1	Kenabeek	1
Blind River	1	Dembigh	1	Killaloe	1
Bonfield	1	Desoronto	1	Kinburn	1
Bourget	1	Dunnville	1	Kingston	18
Brighton	2	Earlton	1	Kirkland Lake	18
Brockville	12	Eganville	3	Lanark	4
Calabogie	1	Embrum	3	Lancaster	2
Callander	1	Espanola	2	Lefaire	2
Campell's Bay	1	Etobicoke	1	Limoges	3
Cardinal	3	Finch	1	Lombardy	1
Carleton Place	8	Foresters Falls	1	London	1
Carp	1	Garden Village	1	Long Sault	1
Casselman	2	Golden Lake	2	L'Original	2
Chalk River	4	Goulais River	1	Lynn	1
Chapleau	1	Greely	1	Maitland	1

* Total Families Supported includes the Ronald McDonald Family Rooms on the 3rd and 5th Floor of CHEO, which supported 878 and 799 unique families, respectively. Communities supported by the 3rd floor Family Room are not broken out in this report.

Families Supported by RMHC Ottawa (continued)

Programs: Ronald McDonald House | Ottawa
Ronald McDonald Family Rooms | Ottawa (2 Rooms)



Total Families Supported: 1,894*



Communities Supported: 218

Communities Supported:	# of families per community:	Communities Supported:	# of families per community:	Communities Supported:	# of families per community:
Maniwaki	1	Pembroke	24	Temiskaming Shores	1
Manotick	4	Perth	9	Thorne	1
Mattawa	3	Petawawa	14	Thunder Bay	4
Mattice	2	Peterborough	1	Timmims	22
Maxville	3	Pictou	1	Toronto	5
McDonalds Corners	2	Plantagenet	4	Trenton	5
Merrickville	2	Powassan	1	Trout Creek	1
Metcalf	1	Prescott	2	Val Caron	1
Minden	1	Quinte West	2	Valgonier	1
Mississauga	2	Rapid Lake	1	Vankleek Hill	1
Moose Factory	1	Renefrew	7	Webbwood	1
Morissburg	5	Richmond	3	Wendover	1
Mountain	1	Rockland	7	Westmeath	1
Napanee	3	Round Lake Centre	1	White Lake	2
New Liskeard	10	Russell	5	Williamsburg	1
Newington	1	Saint Andre Avelin	1	Williamstown	1
Newmarket	1	Sault St Marie	5	Winchester	3
Niagra Falls	1	Smith Falls	8	Woodlawn	2
Nipissing	1	South Mountain	2		
North Augusta	2	South Porcupine	1	Out of Province	
North Bay	30	South River	1	Alberta	1
North Cobalt	1	Spencerville	4	Manitoba	1
North Gower	1	St. Andrews West	1	New Brunswick	2
North Lancaster	1	St. Isidore	1	Newfoundland	3
Opasatika	1	St. John's	1	Nunavut	45
Orleans	14	St. Pascal	1	Quebec	86
Osgoode	2	Stirling	2		
Ottawa	279	Stittsville	16	International	
Otter Lake	1	Sturgeon Falls	5	Ireland	1
Oxford Mills	1	Sudbury	8		
Pakenham	1				

* Total Families Supported includes the Ronald McDonald Family Rooms on the 3rd and 5th Floor of CHEO, which supported 878 and 799 unique families, respectively. Communities supported by the 3rd floor Family Room are not broken out in this report.

THANK YOU

for helping families coast-to-coast!



RMHC Houses & Family Rooms Across Canada

● Ronald McDonald House ● Ronald McDonald Family Room

BRITISH COLUMBIA

Surrey ●

Surrey Memorial Hospital

Vancouver ●

BC Children's Hospital



MANITOBA

Winnipeg ● ●

HSC Children's Hospital,
Health Sciences Centre
St. Boniface Hospital



QUEBEC

Montreal ●

CHU Sainte-Justine
Montreal Children's Hospital
Shriners Hospital for Children

Quebec City ●

Centre hospitalier universitaire
de Québec (CHUQ)



ALBERTA

Calgary ●

Alberta Children's
Hospital
Foothills Medical Centre

Edmonton ●

Stollery Children's Hospital
Royal Alexandra Hospital
The Grey Nun's Community
Hospital
The Glenrose Rehabilitation
Centre

Medicine Hat ●

Medicine Hat Regional Hospital

Red Deer ●

Red Deer Regional Hospital



ONTARIO

Hamilton ● ●

McMaster Children's
Hospital

London ● ●

Children's Hospital London
Health Sciences Centre

Markham ●

Markham Stouffville Hospital

Mississauga ●

Trillium Health Partners

Ottawa ● ●

Children's Hospital of
Eastern Ontario

Scarborough ●

Rouge Valley Centenary,
Scarborough Health System

Sudbury ●

Health Sciences North

Toronto ● ●

SickKids,
Mt. Sinai Hospital

Windsor ●

Windsor Regional Hospital



NEW BRUNSWICK

Moncton ●

The Moncton Hospital



NOVA SCOTIA

Halifax ● ●

IWK Health Centre



SASKATCHEWAN

Prince Albert ●

Victoria Hospital

Saskatoon ●

Jim Pattison Children's
Hospital (JPCH)



NEWFOUNDLAND AND LABRADOR

St. John's ●

Janeway Children's Health
and Rehabilitation Centre



Learn more at rmhc.ca



Ronald McDonald
House Charities®
CANADA

Keeping Families Close™